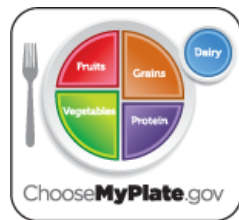


VITAMIN A

VEGETABLES & FRUITS



MyPlate
in Practice

VITAMIN C

VEGETABLES & FRUITS



MyPlate
in Practice

HIGH FIBER VEGETABLES & FRUITS



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UNUSUAL VEGETABLES & FRUITS



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