

MyPlate BINGO

NAME: _____

Crackers

Cheddar Cheese

Sweet Potato

Milk

Tuna Fish

Broccoli

- INSTRUCTIONS:**
1. Ask students to write the listed foods in the correct Food Groups.
 2. Ask them to circle a favorite food from EACH Food Group.
 3. Call out the names of the listed foods. When students hear their favorite food, they place that Food Group Sticker on the triangle.
 4. The first student to have all Five Food Group Stickers in place yells "MyPlate Power". Continue playing until all students win.

Dairy

Eggs

Rice

Pasta

STICKER

Peanut Butter

Carrots

Apple

Tortilla

Chicken

String Cheese

Green Beans

Blueberries

Vegetables

STICKER

Yogurt

Banana

Watermelon

Fruits

STICKER

Grains

STICKER

Protein Foods

STICKER