

WIC & Senior Farmers Market Nutrition Program

Important information about foods that cannot be purchased with Farmers Market checks.

Foods Not Eligible at Farmers Markets



- No dried fruits, vegetables or herbs
- No honey or syrup
- No jams or jellies
- No fruit juice or cider
- No nuts or seeds
- No eggs
- No baked goods, e.g., bread, cookies, pastries, etc.
- No seafood or meats
- No milk or cheese
- No potted herbs or other plants
- No flowers